



GENERAL INFORMATION	
DEGREE PROGRAMME	Degree Programme in Rehabilitation Counselling
PERIOD OF EXECUTION	2013-2016
SCOPE	210 ECTS credits
DESCRIPTION	<p>In the Degree Programme in Rehabilitation Counselling is conducted a Bachelor's degree of the sector of health care and social services with the degree title of Rehabilitation Counsellor (Bachelor's degree). In the degree programme students gain the skills needed for rehabilitee oriented guidance, advice, planning and development tasks in different areas of operation of rehabilitation.</p> <p>The studies focus on working with clients, service systems, legislation, rehabilitation needs assessments, rehabilitation planning and coordination, guidance and counselling work, and on multidisciplinary cooperation.</p> <p>The studies are of a practical nature, and practical training forms about one third of the studies. Part of the studies are carried out in a multidisciplinary approach with other students in lab environments such as in the Smart Home. Studies can be performed flexibly, utilising network and project know-how. Prior learning of students can also speed up course completion. The studies allow for the construction of one's own career path by means such as focusing on the development of entrepreneurship and international skills. For all students, part of their studies (worth at least 20 ECTS credits) is in English and student exchanges abroad are also recommended.</p>
LANGUAGE OF STUDY	Finnish
CODE	SRE13S1
DEGREE	Bachelor of Health Care
DEGREE LEVEL	National Qualifications Framework level 6.
TARGET GROUP AND ADMISSION CRITERIA	<p>The course is intended for secondary school graduates (a secondary school leaving certificate and/or a matriculation) or for individuals who have passed the basic vocational examination. Those who have completed a vocational or specialist vocational qualification, studies at Open University of Applied Sciences (60 ECTS credits of the same area of studies), or a foreign degree may also apply to take part in studies. In health care and social services, the applicant must have a state of health and functional capacity which does not form an obstacle to learning in the field. According to the unsuitability legislation, the University of Applied Sciences may request an extract from the criminal record of the students, whose training is intrinsically linked to children's work.</p> <p>An application for the course is made through the joint national application process. Student admission is conducted in two stages. In the first stage, the applicants are selected for a one day entrance examination which is taken from the first preference as listed on applications and on the basis of the points granted for school performance. The final selection is made on the basis of the first preference of application, school performance, and the entrance examination.</p>

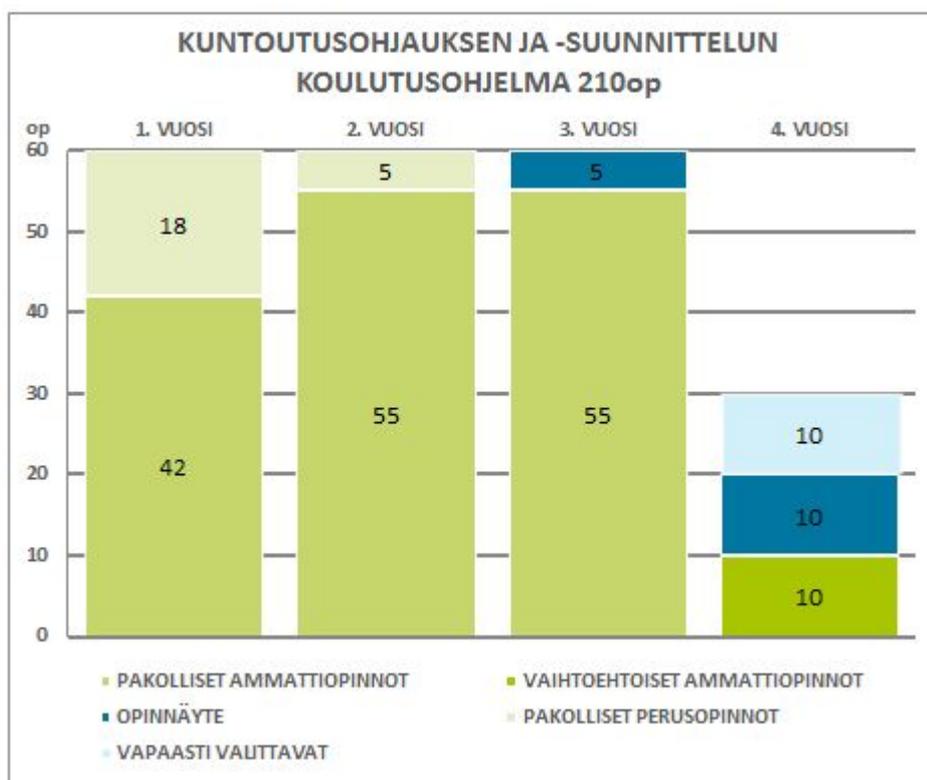


	<p>Four times as many candidates as there are places on the course are called to attend the entrance examination. In the entrance examination, an assessment is made of motivation, social skills, and learning and working capabilities. The entrance examination includes an exam preparatory task, the teacher interview, and a group situation.</p>
STUDIES	
KEY LEARNING OUTCOMES	<p>The objective of the studies is to see the rehabilitation counsellor graduating from JAMK University of Applied Sciences with the required knowledge in all areas of rehabilitation, the service systems, working life opportunities, rehabilitation and any closely-related legislation, rehabilitation benefits, and methods of assistance in a broad-based manner. In their decisions and rulings, they will know how to act ethically and in a customer-orientated way.</p> <p>A rehabilitation counsellor who has completed the training can, as a member of a multidisciplinary team, evaluate the ability of human activity and functionality as well as the accessibility of the operating environment. They will know how to use communications skills, guidance and teaching, as well as negotiation skills, oral and written documentation, team and networking skills and project work skills. In rehabilitation planning and evaluation skills they will know how to take advantage of business knowledge, cost accounting and budgeting, and knowledge of rehabilitation effectiveness indicators, as well as technological options and opportunities.</p> <p>Graduated rehabilitation counsellors have the capability for developing, investigative and evidence-based approach to work as well as to entrepreneurship. They are able to commercialise and market their skills for the support of their employment.</p>
PROFILE	<p>The main focus of Degree Programme in Rehabilitation Counselling lies on the rehabilitee and their rehabilitation. Rehabilitation is a social activity that combines areas such as rehabilitation, medical, educational and social sciences. In the Degree Programme in Rehabilitation Counselling, rehabilitation is regarded from the point of view of an individual and society. Rehabilitation is planned and implemented with both of these points of view in mind, taking into account the aim of the individual's participation in society.</p> <p>In the Degree Programme in Rehabilitation Counselling, students acquire the skills necessary to assess and promote coping and options for action by individuals and families in various life situations. Taking into account the living environment of the rehabilitee is important in terms of promoting working and functional capacity.</p> <p>Key areas of expertise are an extensive knowledge of functional areas and various service systems for rehabilitation, and the closely-related legislation and rehabilitation patient preferences and forms of assistance. In addition, the studies focus on guidance and negotiation skills, as well as on team, networking and project work skills.</p> <p>Entrepreneurial activity is learned via joint studies at the School of Health and Social Studies, in the degree programme's own studies, and in the joint studies at the University of Applied Sciences. Students also have the opportunity to deepen their knowledge through their individual study path which supports entrepreneurship and/or through multidisciplinary team activities. Multidisciplinary team activities provide coaching for service product development together with working life activities, as well as in the productisation of the student's own know-how and the</p>

team's common knowledge. Through the means of working life-orientated activities, as well as through the development and productisation of competence, networks that support the employment of students are created and employment is therefore promoted.

In the Degree Programme in Rehabilitation Counselling, internationalisation skills are realised through language and cultural studies and through studies in a foreign language. Through student exchange, specific information is acquired about the selected target country and its operational models, culture, and rehabilitation techniques.

COURSE STRUCTURE



Practical training (75 ECTS credits) is contained in the vocational studies for the degree programme.

(the figure is explained for students in English)

COURSE CONTENT AND PERFORMANCE

The course includes basic and vocational studies, elective studies, specialization training, and a graduation thesis.

During the first year of studies, learning takes place in joint and multi-disciplinary teams of health care and social services under the guidance of the team coaches.

In this case studies are contained in three competence areas::

- 1 Health Care and Social Services customer relationship,
- 2 Wellness and Health Promotion, and
- 3 Health Care and Social Services operating environments.

In the second and third year of studies, the contents of the first year's competence areas get a more in-depth look from the rehabilitation counselling and planning point of view. The emphasis here lies on the rehabilitee as a client, on working and



	<p>functional capacity assessment, rehabilitation planning and guidance work, and on rehabilitation service systems and the operating environments.</p> <p>Specialization training is carried out according to student personal careers and their personal learning plan in the practical training work placements, as well as through working in the JAMK's laboratory environments. At least 20 ECTS credits of the studies are implemented in the English language. The thesis is based on long-term research, development and innovation work that is carried out on the basis of the development needs of working life. Courses are described in detail in the ASIO system.</p> <p>The course shall be completed within two semesters from its beginning. The exception is the graduation thesis, practical training, special working life oriented project studies, as well as extensive courses implemented in a number of semesters. In cases where a course remains incomplete, the student shall re-start it.</p> <p>In the first contact lesson of a course, a review is carried out of the course's learning objectives and content, along with the different procedures and evaluation criteria; additionally, the possible examination date is agreed upon (the immediate time at which this will be carried out) and the course completion date is announced, after which no further attempts are accepted. Students have the opportunity to try to complete a course a total of three times: during the immediate performance of the course or in two specially determined resit exam times.</p>
LEARNING ASSESSMENT	<p>Learning outcomes are assessed in relation to the course's learning objectives. Assessment decisions are based on the evaluation criteria provided in the course descriptions. Courses are assessed on the assessment scale that is specified in the course description. According to its purpose, the scale may be one of five steps: 5 (excellent), 4 (very good), 3 (good), 2 (satisfactory) and 1 (adequate) or a pass (P) or fail (0). The course has been failed (with a fail (0)) if the student does not achieve the minimum outcomes that are set for the completion of the course.</p> <p>Students have the right to know how the evaluation criteria are applied to their skills. Course performance is recorded in the transcript of records no later than one month after the declared point of completion for the course and always before the end of the academic year.</p> <p>The Degree Programme in Rehabilitation Counselling uses a wide range of assessment methods for the assessment of student skills development and professional growth. In the assessment of the competence that develops during the course, use is made of self-assessment, learning and development activities, peer review and functional workshops. In addition to individual tests, use is made of group exams, and network and home exams. In the learning situations using team learning, students are able to participate in the preparation of evaluation criteria. In the Personal Learning Plan (PLP) and career guidance discussions, as well as during the practical training period, students assess the progress of their own competence in relation to the rehabilitation counsellor qualifications.</p>
ACCREDITATION AND RECOGNITION OF PRIOR LEARNING (RPL)	<p>The procedures for accreditation are described in the Degree Regulations and in the Study Guide.</p>



MODE OF STUDY	<p>At JAMK's School of Health and Social Studies, team learning is already in use from the first year of studies. The team study format allows for team work skills training, the project work skills development that is necessary in working life, and also benefits from the learner's active role and internal entrepreneurship and creativity. Teams are also an excellent learning platform for learning the communications skills and dialogue that are important for the wellness sector.</p> <p>Team-scale study is also consciously utilised to support professional growth and for the development of the productisation of one's own expertise.</p> <p>In the Degree Programme in Rehabilitation Counselling, various flexible forms of study are possible. Practical training can be made flexible so that it can be placed into student first to fourth study years according to the student career plan. Practical training can also be completed during the summer. Practical training is also carried out, with practical training taking place in the JAMK's lab environment, or in projects, or in employment. Completion of practical training is also possible away from Jyväskylä, in which case Adobe Connect Pro web conferencing software is used in guidance and evaluation discussions.</p>
PROFESSIONAL GROWTH AND KNOW-HOW	<p>The degree programme's learning objectives are divided into competence areas, which consist of the general, health care and social services, and rehabilitation counselling competence areas of the graduates of the University of Applied Sciences. Competence areas are divided into courses.</p> <p>In the first year of studies, students acquire the basic skills of health care and social services customer relationships and operating environments, as well as those for promoting wellness. They acquire a reflective, entrepreneurial, investigative and developmental approach to work as well as the principles of professional ethics.</p> <p>During the second and third year of studies, the focus lies on the development of rehabilitation counselling competence. Students will improve their skills in the assessment of rehabilitation needs, working and functional capacity, rehabilitation counselling and guidance, as well as in rehabilitation service systems and related legislation. Students also practice these competencies in the practical specialization training periods that promote professional skills, which are performed in the working life practice placements, in working life projects, and in JAMK's lab environments. In the thesis (15 ECTS credits), students extend and expand their professional knowledge in their chosen field.</p>
QUALIFICATION REQUIREMENTS AND REGULATIONS	<p>The rehabilitation counsellor (Bachelor's degree) is not a protected professional title, but rehabilitation counselling is mentioned in many Acts and Regulations. In health care, rehabilitation counselling is based on the Health Care Act (2010/1326). The Act requires a municipality to arrange for medical rehabilitation, and one of the elements mentioned therein is rehabilitation counselling and guidance. Rehabilitation counselling is based on the rehabilitation plan and its goal is to guide and support the rehabilitation client/patient, as well as their close community during rehabilitation, and to act as an interface between the various authorities.</p> <p>The eligibility criteria for social services are defined in the Act on Qualification Requirements for Social Welfare Professionals (2005/272). Under the Act, anyone who possesses a rehabilitation counsellors (Bachelor's) degree can act as a social counsellor. Social counsellor or family worker tasks include, in particular, the service</p>



	<p>needs assessment in cooperation with the social worker, family work, and the implementation of outpatient care support work according to the objectives and tasks agreed upon in the client plan.</p> <p>According to the Services and Assistance for the Disabled Act (1987/380), rehabilitation counselling includes guidance for a disabled person and their immediate community, as well as information on special needs where these are related to increasing the functional ability of a disabled person.</p> <p>According to the outpatient and inpatient rehabilitation standards of the Social Insurance Institution of Finland (Kela), a rehabilitation counsellor (Bachelor's degree) may belong to a multi-professional team in the following service lines: the Bone and Joint courses of those in the working life, rehabilitation needs analysis, rehabilitation research, and sensory disabilities for the severely disabled.</p> <p>Guidance and counselling have also been provided as statutory activity in a number of other laws, such as the Occupational Safety and Health Act (2010/1326) or in the Act of Integration for Immigrants (2010/1386).</p>
ADDITIONAL INFORMATION	<p>Students may be charged separately for the cost of materials where such costs correspond to real life acquisitions or production costs in terms of teaching materials, tools, equipment, or supplies that remain in the student's possession after their education has been completed. If a student obtains similar materials from other sources, he or she is not charged for the cost of materials (Government Decree 1230/2009 2 §).</p> <p>Bachelor's degree programme is free for students.</p>
GRADUATION	<p>The requirement for the receipt of the certificate of Bachelor degree is that students complete the studies for their degree programme during the study period in accordance with the personal learning plan (PLP).</p> <p>JAMK University of Applied Sciences provides students with a certificate of completion of the Bachelor's degree (210 ECTS credits). A transcript is attached to the certificate.</p>
EMPLOYMENT AND FURTHER STUDIES	
EMPLOYMENT OPPORTUNITIES	<p>A rehabilitation counsellor (Bachelor's degree) has the skills to operate in various areas of activity such as social and health care, the Social Insurance Institution of Finland (Kela), the Labour Administration, various organisations, and as a private entrepreneur. In the survey that was carried out amongst rehabilitation counsellors who graduated from the JAMK in the period 2009-2011, about half were employed in the public sector, while the others worked in the private sector or in other tasks. The job titles are rehabilitation counsellor, rehabilitation planner, rehabilitation advisor, rehabilitation specialist (eg. in occupational health care), regional secretary for the patient organisation, employment advisor, service counsellor (social services), project worker, or project manager.</p>
OPPORTUNITIES FOR POST-GRADUATE STUDIES	<p>After graduation and after about three years of a working life phase, the students of a Bachelor's degree programme can continue their studies in a Master's degree programme. The Master's degree at the University of Applied Sciences is a university level Master's degree. Students can also continue their studies by applying for courses such as, for example, the Master's degree programmes at universities or for an equivalent training course. After the completion of Bachelor's studies it is, of</p>



	<p>course, also possible to continue in foreign institutions of higher education on the Master's level degree programmes.</p> <p>The University of Applied Sciences also offers continuing education opportunities in specialisation studies, in learning agreement type in-service training, and in working life-based continuing education. If a student graduates from the Master's degree programme, he or she can get the opportunity to continue their studies in the scientific or artistic studies at universities (37 §/558/2009). All further studies must be applied for separately.</p>
OTHER INFORMATION	
HEAD OF THE DEGREE PROGRAMME	Mirja Immonen, Head of Department, mirja.immonen@jamk.fi, tel. +358 40 5478949
PROGRAMME PLANNING PROCESS	<p>The planning of education is based on an extensive literature review, and on an analysis of the future of the operating environment of health care and social services sector, as well as on interviews with experts regarding future know-how.</p> <p>Planning work has involved in addition to teachers also representatives of the students, as well as representatives from the health care and social services sector from public, private and third sector organisations, by discussing in organized events the common competence of the health care and social services sector as well as profession specific competence in the future.</p>
SCHOOL	JAMK University of Applied Sciences School of Health and Social Studies, Degree Programme in Rehabilitation Counselling Puistokatu 35, 40200 Jyväskylä
QUALITY MANAGEMENT	<p>JAMK University of Applied Sciences is using the quality management system that has been audited by the Finnish Higher Education Evaluation Council (FINHEEC). Education is developed on the basis of course feedback collected from students.</p> <p>The principles of the curriculum are approved by the JAMK University of Applied Sciences Academic Board and by the Vice Rector of the degree programme specific curriculum.</p>
PEDAGOGICAL PRINCIPLES	<p>The degree programme is implemented in accordance with the pedagogical principles established by the University of Applied Sciences Academic Board.</p> <p>For more information: http://www.jamk.fi/english/aboutus/facts/pedagogical-principles</p>
ETHICAL PRINCIPLES	<p>The students and employees of JAMK University of Applied Sciences operate jointly according to the accepted (by JAMK Academic Board on 15.12.2010) ethical principles.</p> <p>For more information: http://www.jamk.fi/english/aboutus/facts/ethicalprinciples</p>
LAST UPDATE	20.12.2012
CURRICULUM APPROVED	21.12.2012 Heikki Malinen, Vice Rector