



GENERAL INFORMATION	
DEGREE PROGRAMME	Degree Programme in Rehabilitation Counselling, adults
PERIOD OF EXECUTION	2013-2016
SCOPE	210 ECTS credits
DESCRIPTION	<p>Within the Degree Programme in Rehabilitation Counselling is conducted a Bachelor's degree for the sector of health care and social services with the degree title of rehabilitation counsellor (Bachelor's degree). As part of the degree programme, students will gain the skills needed for rehabilitee-orientated guidance, advice, planning and development tasks in various areas of operation in terms of rehabilitation.</p> <p>The studies focus on working with clients, service systems, legislation, rehabilitation needs assessments, rehabilitation planning and coordination, guidance and counselling work, and on multidisciplinary cooperation.</p> <p>Degree programme is provided mainly in the form of online studies. Classroom teaching covers about one or two working days every two months. The studies include learning in cooperation and about one third of the studies include practical training. The studies allow for the construction of one's own career path, for instance by focusing on the development of entrepreneurship and international skills. Prior learning of students can also speed up the completion. For all students, a part of their studies are in English and it is recommended also that students exchange abroad. Training requires basic skills and a positive attitude towards the use of information and educational technology.</p>
LANGUAGE OF STUDY	Finnish
CODE	SRE13M1
DEGREE	Bachelor of Health Care
DEGREE LEVEL	National Qualifications Framework level 6.
TARGET GROUP AND ADMISSION CRITERIA	<p>Applicants who are eligible for the course are those who possess general eligibility qualifications from a university of applied sciences and who possess two (2) years of work experience. For those candidates who apply on the basis of studies with the Open University of Applied Sciences (studies that are compatible with the 60 ECTS credits degree programme), two (2) years of work experience are not required.</p> <p>Selection is based on an entrance examination (70 points), sector-specific work experience (20 points), and studies completed at the University of Applied Sciences in the same sector (10 points). All applicants are called to attend an entrance examination. The entrance examination includes a teacher interview.</p> <p>Those who are selected for the field are to possess a state of health and an ability to function that will not form an obstacle to learning in the field. According to unsuitability legislation, the University of Applied Sciences may request a records check for students whose training is intrinsically linked to working with minors.</p>



STUDIES

KEY LEARNING OUTCOMES

The objective of the studies is that the rehabilitation counsellor graduating from JAMK University of Applied Sciences knows the areas of activity of rehabilitation, the service systems, working life opportunities, rehabilitation and other closely related legislation, rehabilitation benefits and ways of assistance in a broad-based manner. In their decisions and rulings, they know how to act ethically and in a customer-orientated way.

A rehabilitation counsellor who has completed the training can, as a member of a multidisciplinary team, evaluate the ability of human activity and functionality as well as the accessibility of the operating environment. They will know how to use communications skills, guidance and teaching, as well as negotiation skills, oral and written documentation, team and networking skills and project work skills. In rehabilitation planning and evaluation skills they will know how to take advantage of business knowledge, cost accounting and budgeting, and knowledge of rehabilitation effectiveness indicators, as well as technological options and opportunities.

Graduated rehabilitation counsellors have the capability for developing, investigative and evidence-based approach to work as well as to entrepreneurship. They are able to commercialise and market their skills for the support of their employment.

PROFILE

The main focus of Degree Programme in Rehabilitation Counselling lies on the rehabilitee and their rehabilitation. Rehabilitation is a social activity that combines areas such as rehabilitation, medical, educational and social sciences. In the Degree Programme in Rehabilitation Counselling, rehabilitation is regarded from the point of view of an individual and society. Rehabilitation is planned and implemented with both of these points of view in mind, taking into account the aim of the individual's participation in society.

In the Degree Programme in Rehabilitation Counselling, students acquire the capacity to assess and promote coping and possibilities of action of individuals and families in various situations of life. Taking into account the living environment of the rehabilitee is an important factor in terms of promoting working and functional capacity.

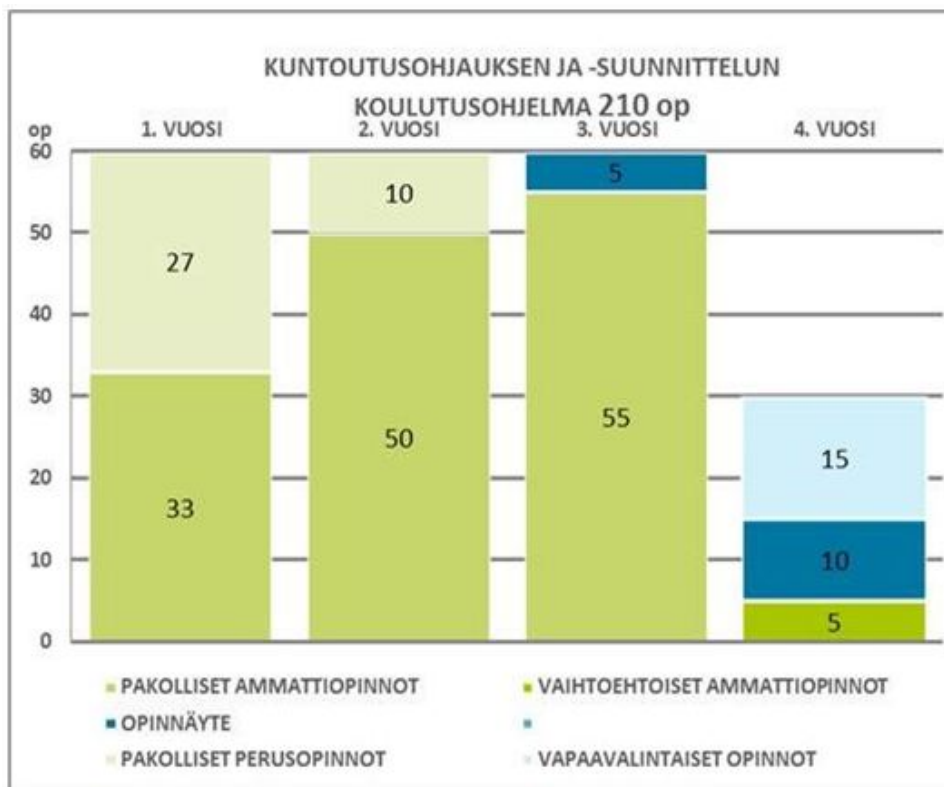
Key areas of expertise are an extensive knowledge of functional areas and various service systems for rehabilitation, and the closely-related legislation and rehabilitation patient preferences and forms of assistance. In addition, the studies focus on guidance and negotiation skills, as well as on team, networking and project work skills.

Entrepreneurial activity is learned both in general studies at the School of Health and Social Studies, as well as in studies that are part of the degree programme, and in the general studies of the University of Applied Sciences. Students also have the opportunity to deepen their knowledge through their individual study path which supports entrepreneurship and/or through multidisciplinary team activities. Multidisciplinary team activities provide coaching for service product development together with working life activities, as well as in the productisation of the student's own know-how and the team's common knowledge. Through the means of working life-orientated activities, as well as through the development and productisation of competence, networks that support the employment of students are created and employment is therefore promoted.

In the Degree Programme in Rehabilitation Counselling, internationalisation skills are realised through language and cultural studies and through studies in a foreign

language. Through student exchange, specific information is acquired about the selected target country and its operational models, culture, and rehabilitation techniques.

COURSE STRUCTURE



Practical training (75 ECTS credits) is contained in the vocational studies for the degree programme

(the figure is explained for students in english)

COURSE CONTENT AND PERFORMANCE

The studies include basic and vocational studies, specialization training, and a graduation thesis. In addition, studies include optional vocational studies and elective studies that support the development of expertise.

During the first study year, transferable skills such as ICT skills, languages, communications, and entrepreneurship are studied. In addition, studies focus on customer relationships in health care and social services and on the social significance of rehabilitation.

During the second and third years of study, the programme goes deeper into the development of rehabilitation counselling and planning skills. Here, the emphasis is laid on the rehabilitee as a client, and on working and functional capacity assessment, rehabilitation planning and guidance work, service guidance, and rehabilitation service systems and the related legislation.

Specialization training is carried out according to student personal careers and their personal learning plan in the practical training work placements, as well as through working in the JAMK's laboratory environments. At least 20 ECTS credits of the studies are implemented in the English language. The thesis is based on long-term research,



	<p>development and innovation work that is carried out on the basis of the development needs of working life. Courses are described in detail in the ASIO system.</p> <p>The course shall be completed within two semesters from its beginning. The exception is the graduation thesis, practical training, special working life oriented project studies, as well as extensive courses implemented in a number of semesters. In cases where a course remains incomplete, the student shall re-start it.</p> <p>In the first contact lesson of a course, a review is carried out of the course's learning objectives and content, along with the different procedures and evaluation criteria; additionally, the possible examination date is agreed upon (the immediate time at which this will be carried out) and the course completion date is announced, after which no further attempts are accepted. Students have the opportunity to try to complete a course a total of three times: during the immediate performance of the course or in two specially determined resit exam times.</p>
LEARNING ASSESSMENT	<p>Learning outcomes are assessed in relation to the course's learning objectives. Assessment decisions are based on the evaluation criteria provided in the course descriptions. Courses are assessed on the assessment scale that is specified in the course description. According to its purpose, the scale may be one of five steps: 5 (excellent), 4 (very good), 3 (good), 2 (satisfactory) and 1 (adequate) or a pass (P) or fail (0). The course has been failed (with a fail (0)) if the student does not achieve the minimum outcomes that are set for the completion of the course.</p> <p>Students have the right to know how the evaluation criteria are applied to their skills. Course performance is recorded in the transcript of records no later than one month after the declared point of completion for the course and always before the end of the academic year.</p>
ACCREDITATION AND RECOGNITION OF PRIOR LEARNING (RPL)	<p>The procedures for accreditation are described in the Degree Regulations and in the Study Guide.</p>
MODE OF STUDY	<p>Studies are mainly carried out by way of virtual and online methods. Training begins with week-long classroom teaching days in August. During the first and second academic year, classroom teaching days take place for about one or two days every two months, after which the classroom teaching days are reduced as individual study paths increase. In addition to classroom teaching days, group and individual guidance is provided using the Adobe Connect Pro web conferencing software.</p>
PROFESSIONAL GROWTH AND KNOW-HOW	<p>The curriculum for the degree programme in the University of Applied Sciences is built on common competence areas, as well as on national working life-orientated rehabilitation counselling and planning competence areas.</p> <ul style="list-style-type: none">- Transferable skills- Wellness services- Rehabilitation service systems and legislation- An assessment of the need for rehabilitation- Rehabilitation planning and guidance- Cooperation and management- Research and development activities <p>The competence areas consist of courses, as well as of study modules formed from these courses, to which the common and degree programme-specific competences are attached. Competence develops in the focus area of the JAMK - Family wellness and</p>



	<p>Health Promotion - throughout the course of the programme. The students make choices in line with their career plans within the competence areas and courses, among other things, through learning tasks and methods, the thesis, as well as specialization training environments.</p>
QUALIFICATION REQUIREMENTS AND REGULATIONS	<p>The rehabilitation counsellor (Bachelor's degree) is not a protected professional title, but rehabilitation counselling is mentioned in many Acts and Regulations. In health care, rehabilitation counselling is based on the Health Care Act (2010/1326). The Act requires a municipality to arrange for medical rehabilitation, and one of the elements mentioned therein is rehabilitation counselling and guidance. Rehabilitation counselling is based on the rehabilitation plan and its goal is to guide and support the rehabilitation client/patient, as well as their close community during rehabilitation, and to act as an interface between the various authorities.</p> <p>The eligibility criteria for social services are defined in the Act on Qualification Requirements for Social Welfare Professionals (2005/272). Under the Act, anyone who possesses a rehabilitation counsellors (Bachelor's) degree can act as a social counsellor. Social counsellor or family worker tasks include, in particular, the service needs assessment in cooperation with the social worker, family work, and the implementation of outpatient care support work according to the objectives and tasks agreed upon in the client plan.</p> <p>According to the Services and Assistance for the Disabled Act (1987/380), rehabilitation counselling includes guidance for a disabled person and their immediate community, as well as information on special needs where these are related to increasing the functional ability of a disabled person.</p> <p>According to the outpatient and inpatient rehabilitation standards of the Social Insurance Institution of Finland (Kela), a rehabilitation counsellor (Bachelor's degree) may belong to a multi-professional team in the following service lines: the Bone and Joint courses of those in the working life, rehabilitation needs analysis, rehabilitation research, and sensory disabilities for the severely disabled.</p> <p>Guidance and counselling have also been provided as statutory activity in a number of other laws, such as the Occupational Safety and Health Act (2010/1326) or in the Act of Integration for Immigrants (2010/1386)</p>
ADDITIONAL INFORMATION	<p>The participant is responsible for travel and meal expenses during the contact studies. Likewise, he or she also covers the cost of any optional studies, with the exception of the studies of JAMK University of Applied Studies that are provided for this group by the education provider.</p> <p>Students may be charged separately for the cost of materials where such costs correspond to real life acquisitions or production costs in terms of teaching materials, tools, equipment, or supplies that remain in the student's possession after their education has been completed. If a student obtains similar materials from other sources, he or she is not charged for the cost of materials (Government Decree 1230/2009 2 §).</p> <p>Bachelor's degree programme is free for students.</p>



GRADUATION	<p>The requirement for the receipt of the certificate of Bachelor degree is that students complete the studies for their degree programme during the study period in accordance with the personal learning plan (PLP).</p> <p>JAMK University of Applied Sciences provides students with a certificate of completion of the Bachelor's degree (210 ECTS credits). A transcript is attached to the certificate.</p>
EMPLOYMENT AND FURTHER STUDIES	
EMPLOYMENT OPPORTUNITIES	<p>A rehabilitation counsellor (Bachelor's degree) has the skills to operate in areas of activity that involve rehabilitation, such as social and health care, the Social Insurance Institution of Finland (Kela), the Labour Administration, various organisations, and as a private entrepreneur. In the survey that was carried out amongst rehabilitation counsellors who graduated from the JAMK in the period 2009-2011, about half were employed in the public sector, while the others worked in the private sector or in other tasks. The job titles are rehabilitation counsellor, rehabilitation planner, rehabilitation advisor, rehabilitation specialist (eg. in occupational health care), regional secretary for the patient organisation, employment advisor, service counsellor (social services), project worker, or project manager.</p>
OPPORTUNITIES FOR POST-GRADUATE STUDIES	<p>After graduation and after about three years of a working life phase, the students of a Bachelor's degree programme can continue their studies in a Master's degree programme. The Master's degree at the University of Applied Sciences is a university level Master's degree. Students can also continue their studies by applying for courses such as, for example, the Master's degree programmes at universities or for an equivalent training course. After the completion of Bachelor's studies it is, of course, also possible to continue in foreign institutions of higher education on the Master's level degree programmes.</p> <p>The University of Applied Sciences also offers continuing education opportunities for specialisation studies, learning agreement type in-service training, as well as in working life based continuing education. If a student graduates from the Master's degree programme, he or she can get the opportunity to continue their studies in the scientific or artistic studies at universities (37 §/558/2009). All further studies must be applied for separately.</p>
OTHER INFORMATION	
HEAD OF THE DEGREE PROGRAMME	<p>Mirja Immonen, Head of Department, mirja.immonen@jamk.fi, tel. +358 (0)40 547 8949</p>
PROGRAMME PLANNING PROCESS	<p>The planning of education is based on an extensive literature review, and on an analysis of the future of the operating environment of health care and social services sector, as well as on interviews with experts regarding future know-how.</p> <p>Planning work has involved in addition to teachers also representatives of the students, as well as representatives from the health care and social services sector from public, private and third sector organisations, by discussing in organized events the common competence of the health care and social services sector as well as profession specific competence in the future.</p>
SCHOOL	<p>JAMK University of Applied Sciences School of Health and Social Studies, Degree Programme in Rehabilitation Counselling Puistokatu 35, 40200 Jyväskylä</p>



QUALITY MANAGEMENT	<p>JAMK University of Applied Sciences is using the quality management system that has been audited by the Finnish Higher Education Evaluation Council (FINHEEC). Education is developed on the basis of course feedback collected from students.</p> <p>The principles of the curriculum are approved by the JAMK University of Applied Sciences Academic Board and by the Vice Rector of the degree programme specific curriculum.</p>
PEDAGOGICAL PRINCIPLES	<p>The degree programme is implemented in accordance with the pedagogical principles established by the University of Applied Sciences Academic Board.</p> <p>For more information: http://www.jamk.fi/english/aboutus/facts/pedagogical-principles</p>
ETHICAL PRINCIPLES	<p>The students and employees of JAMK University of Applied Sciences operate jointly according to the accepted (by JAMK Academic Board on 15.12.2010) ethical principles.</p> <p>For more information: http://www.jamk.fi/english/aboutus/facts/ethicalprinciples</p>
LAST UPDATE	20.12.2012
CURRICULUM APPROVED	21.12.2012 Heikki Malinen, Vice Rector