



<b>GENERAL INFORMATION</b>	
<b>DEGREE PROGRAMME</b>	Degree Programme in Occupational Therapy
<b>PERIOD OF EXECUTION</b>	2013-2016
<b>SCOPE</b>	210 ECTS credits
<b>DESCRIPTION</b>	<p>In the Degree Programme in Occupational Therapy is conducted the Bachelor Degree of Health Care and Social Services, with the degree title of Occupational Therapist (Bachelor of Social Services).</p> <p>Occupational therapy, for example, is supporting a balanced life, practicing of daily life skills or the environmental accessibility design. Occupational therapists support the customer's functionality and their coping with everyday life. The course of studies focus on enabling the functional involvement of clients of different ages and their families as well as the support of independent living. Among other things, the course of studies focuses on the creation of therapeutic interaction, the use of goal-orientated activity, environmental assessment, customer-orientated processes, advice, and guidance.</p> <p>The studies are of a practical nature and practical training forms about one third of the studies. Part of studies are carried out in a multidisciplinary approach with other students in lab environments such as in the Smart Home. Studies can be performed flexibly utilising online and project learning. Prior learning by students can also speed up a successful graduation. The studies allow for the construction of one's own career path by means such as focusing on the development of entrepreneurship and international skills. For all students, part of their studies (at least 20 ECTS credits) is in English and student exchanges abroad are also recommended.</p>
<b>LANGUAGE OF STUDY</b>	Finnish
<b>CODE</b>	SOT13S1
<b>DEGREE</b>	Bachelor of Health Care
<b>DEGREE LEVEL</b>	National Qualifications Framework level 6.
<b>TARGET GROUP AND ADMISSION CRITERIA</b>	<p>The course is intended for secondary school graduates (a secondary school leaving certificate and/or a matriculation) or for individuals who have passed the basic vocational examination. Those who have completed a vocational or specialist vocational qualification, studies at Open University of Applied Sciences (60 ECTS credits of the same area of studies), or a foreign degree may also apply to take part in studies. In health care and social services, the applicant must have a state of health and functional capacity which does not form an obstacle to learning in the field. According to the unsuitability legislation, the University of Applied Sciences may request an extract from the criminal record of the students, whose training is intrinsically linked to children's work.</p> <p>An application for the course is made through the joint national application process. Student admission is conducted in two stages. In the first stage, the applicants are selected for a one day entrance examination which is taken from the first preference as listed on applications and on the basis of the points granted for school performance. The final selection is made on the basis of the first preference of application, school performance, and the entrance examination.</p>



	<p>Four times as many candidates as there are places on the course are called to attend the entrance examination. In the entrance examination, an assessment is made of motivation, social skills, and learning and working capabilities. The entrance examination includes an exam preparatory task, the teacher interview, and a group situation.</p>
<b>STUDIES</b>	
<b>KEY LEARNING OUTCOMES</b>	<p>The objective of the studies is that occupational therapists who graduate from JAMK University of Applied Sciences are specialists in their field. They facilitate customer functionality and inclusion into the community in different areas of life such as in play, in everyday life, and in work and leisure activities. They know the theoretical, philosophical, ethical and legal knowledge base of occupational therapy. They possess the practical work skills necessary in the work of an occupational therapist which they have practiced during training. Occupational therapists who have graduated master different competence areas of occupational therapy and they have the ability to apply their knowledge in response to the challenges in society at the individual, group and community level.</p> <p>An occupational therapist who has graduated is able to continue the development of their own expertise and their field, and are able to operate independently as an expert in their field in the globally changing world. Occupational therapists possess the capacity for research and entrepreneurial activity and can identify opportunities for occupational therapy in preventive therapy, being able to maintain wellness in multi-professional activities. An occupational therapist who has graduated can use their skills to sell their services and to market their service products in order to support their employment.</p>
<b>PROFILE</b>	<p>At JAMK University of Applied Sciences, the focus area is on family wellness and health promotion. Students have the opportunity to broaden their knowledge where it is related to the focus area through such areas as, for example, optional studies, practical training periods and a thesis.</p> <p>At JAMK's School of Health and Social Studies it is possible to internationalise both at home and abroad. Occupational therapists need international expertise when faced with multicultural clients, when operating in international projects, or when in search for a new field of research. As part of the studies, internationalism is carried out through language and culture studies, foreign language studies, lectures by foreign visitors, educational materials, intensive and online studies that take place through the process of international cooperation, interaction with foreign students, and through student exchange.</p> <p>The profiles of the Degree Programme in Occupational Therapy are as follows:</p> <ol style="list-style-type: none"><li>1. Activity-orientated assessment</li><li>2. Team activity skills</li><li>3. Entrepreneurial skills.</li></ol> <p>1. An activity-orientated assessment that is related to the occupational therapy process means an assessment of the activities and activity options where they are related to the individual, the family and the operating environment. This focus will be displayed in different courses, penetrating the entire Occupational Therapy curriculum. In addition to the degree programme's compulsory training programme, students have the opportunity to broaden their assessment skills through the optional studies. The premises of JAMK's School of Health and Social Studies also facilitates the evaluation of the operating</p>

	<p>environment, and operational capability, with the help of the technology in the lab-learning environments (such as Smart Home).</p> <p>2. The studies utilise team learning, which enables the student to experience being a team member, as well as serving to broaden their understanding of the group phenomena. Students will then have the capacity to operate both in a team and with group guidance from clients.</p> <p>3. In the Degree Programme in Occupational Therapy, students have the opportunity to learn about entrepreneurial activities through teamwork. The team activities start as early as the first year of studies, and these support in particular internal entrepreneurship and the productionalisation of the profession-related skills, and the development of service products together with working life partners.</p>																														
<p><b>COURSE STRUCTURE</b></p>	<div data-bbox="539 745 1469 1525" data-label="Figure"> <table border="1"> <caption>TOIMINTATERAPIAN KOULUTUSOHJELMA 210op</caption> <thead> <tr> <th>Year</th> <th>Compulsory Vocational Studies (op)</th> <th>Elective Vocational Studies (op)</th> <th>Practical Training (op)</th> <th>Compulsory Basic Studies (op)</th> <th>Free Electives (op)</th> </tr> </thead> <tbody> <tr> <td>1. VUOSI</td> <td>42</td> <td>18</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>2. VUOSI</td> <td>55</td> <td>5</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>3. VUOSI</td> <td>55</td> <td>5</td> <td>0</td> <td>0</td> <td>0</td> </tr> <tr> <td>4. VUOSI</td> <td>10</td> <td>0</td> <td>10</td> <td>0</td> <td>10</td> </tr> </tbody> </table> </div> <p>Practical training (75 ECTS credits) is included in the compulsory vocational studies.</p> <p>(the figure is explained for students in English)</p>	Year	Compulsory Vocational Studies (op)	Elective Vocational Studies (op)	Practical Training (op)	Compulsory Basic Studies (op)	Free Electives (op)	1. VUOSI	42	18	0	0	0	2. VUOSI	55	5	0	0	0	3. VUOSI	55	5	0	0	0	4. VUOSI	10	0	10	0	10
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<p><b>COURSE CONTENT AND PERFORMANCE</b></p>	<p>The course includes basic and vocational studies, elective studies, specialization training, and a graduation thesis.</p> <p>During the first year of studies, learning takes place in joint and multi-disciplinary social and health care teams under the guidance of the teacher tutors or team coaches. In this case studies are contained in three competence areas: 1 Health Care and Social Services customer relationship, 2 Wellness and Health Promotion, and 3 Health Care and Social Services operating environments.</p>																														



	<p>In the second and third years of studies, the contents of the first year's areas of expertise appear, and indeed become, more in-depth from an occupational therapy point of view. Here the emphasis lies on the importance of action for an individual, and on action-orientated assessment and the enablement of the customer's activity.</p> <p>Specialisation training is carried out according to the student's personal career and learning plan in the practical training work placement, as well as through working in JAMK's lab environments (such as in Smart Home). At least 20 ECTS credits of the studies are implemented in the English language. The thesis is based on long-term research, and development and innovation work that is performed on the basis of the development needs of working life.</p> <p>The course shall be completed within two semesters from its beginning. The exception is the graduation thesis, practical training, special working life oriented project studies, as well as extensive courses implemented in a number of semesters. In cases where a course remains incomplete, the student shall re-start it.</p> <p>In the first contact lesson of a course, a review is carried out of the course's learning objectives and content, along with the different procedures and evaluation criteria; additionally, the possible examination date is agreed upon (the immediate time at which this will be carried out) and the course completion date is announced, after which no further attempts are accepted. Students have the opportunity to try to complete a course a total of three times: during the immediate performance of the course or in two specially determined resit exam times.</p>
<b>LEARNING ASSESSMENT</b>	<p>Learning outcomes are assessed in relation to the course's learning objectives. Assessment decisions are based on the evaluation criteria provided in the course descriptions. Courses are assessed on the assessment scale that is specified in the course description. According to its purpose, the scale may be one of five steps: 5 (excellent), 4 (very good), 3 (good), 2 (satisfactory) and 1 (adequate) or a pass (P) or fail (0). The course has been failed (with a fail (0)) if the student does not achieve the minimum outcomes that are set for the completion of the course.</p> <p>Students have the right to know how the evaluation criteria are applied to their skills. Course performance is recorded in the transcript of records no later than one month after the declared point of completion for the course and always before the end of the academic year.</p> <p>The Degree Programme in Occupational Therapy uses a wide range of assessment methods for the assessment of student skills development and professional growth. In the assessment of the competence that has been developed during the course, use is made of self-assessment, learning and development activities, peer review, and operational workshops. In addition to individual tests, group exams, online and home exams are all used. In the learning situations using team learning, students themselves are able to participate in the preparation of evaluation criteria. In the PLP (Personal Learning Plan) and career guidance discussions, as well as during the practical training periods, students assess the progress of their own competence in relation to the occupational therapy qualifications.</p>
<b>ACCREDITATION AND RECOGNITION OF PRIOR LEARNING (RPL)</b>	<p>The procedures for accreditation are described in the Degree Regulations and in the Study Guide.</p>



<b>MODE OF STUDY</b>	<p>At JAMK's School of Health and Social Studies, team learning is already in use from the first year of studies. The team study format allows for team work skills training, the project work skills development that is necessary in working life, and also benefits from the learner's active role and internal entrepreneurship and creativity. Teams are also an excellent learning platform for learning the communications skills and dialogue that are important for the wellness sector. Team-scale study is also consciously utilised to support professional growth and for the development of the productisation of one's own expertise.</p> <p>In the Degree Programme in Occupational Therapy, various flexible forms of study are possible. Practical training can be made flexible so that during the first to fourth study years, students can be placed according to their own career plan. Practical training can also be completed during the summer. Advanced training can also be carried out in the form of practical training that takes place in employment. Part of the training programme is carried out in a variety of projects and in JAMK's lab environment. The completion of practical training is also possible away from Jyväskylä, in which case Adobe Connect Pro online conferencing software is used in guidance and evaluation discussions. Flexibility for students is also created by means of virtual learning.</p> <p>The main methods by which studies are implemented are as follows:</p> <ul style="list-style-type: none"><li>• classroom learning</li><li>• distance learning (eg. virtual learning, online studies)</li><li>• classroom learning and distance learning</li><li>• independent studies</li><li>• learning in projects, in lab environments, and on-the-job learning</li></ul>
<b>PROFESSIONAL GROWTH AND KNOW-HOW</b>	<p>In the first year of their studies, students acquire the basic skills for customer relationships and operating environments in health care and social services, as well as being able to promote wellness. They acquire a reflective, entrepreneurial, investigative and developmental approach to work as well as the principles of professional ethics.</p> <p>In the second and third years, studies focus on the development of occupational therapist skills. Students improve their skills by means such as activity analysis and application, therapeutic interaction skills, knowledge of the occupational therapy processes, and by the utilisation of functional environments. Students also practice these competencies in the advanced specialisation training sessions, which are conducted in the practice training placements for working life, or in working life projects and in JAMK's lab environments.</p>
<b>QUALIFICATION REQUIREMENTS AND REGULATIONS</b>	<p>Occupational therapists are independently responsible for the planning, implementation, evaluation and development of their work, taking into account the ethical and legal aspects as well as the effectiveness, efficiency and economy requirements. The professional title of an occupational therapist may be used and the profession may be practiced only by a qualified licensed physiotherapist. Their activities are supervised by state administrative agencies, as well as by the National Supervisory Authority for Welfare and Health, VALVIRA.</p>



<b>ADDITIONAL INFORMATION</b>	<p>Students may be charged separately for the cost of materials where such costs correspond to real life acquisitions or production costs in terms of teaching materials, tools, equipment, or supplies that remain in the student's possession after their education has been completed. If a student obtains similar materials from other sources, he or she is not charged for the cost of materials (Government Decree 1230/2009 2 §).</p> <p>Bachelor's degree programme is free for students.</p>
<b>GRADUATION</b>	<p>The requirement for the receipt of the certificate of Bachelor degree is that students complete the studies for their degree programme during the study period in accordance with the personal learning plan (PLP).</p> <p>JAMK University of Applied Sciences provides students with a certificate of completion of their Bachelor's degree (210 ECTS credits). A transcript is attached to the certificate.</p>
<b>EMPLOYMENT AND FURTHER STUDIES</b>	
<b>EMPLOYMENT OPPORTUNITIES</b>	<p>Occupational therapists can work in both the public and private sectors. They can work in areas such as, for example, a hospital, a medical centre, a rehabilitation centre, a school, in day care, a special care system, or in the offices of social welfare and health care agencies. Occupational therapists have more and more opportunities to work in organisations and projects in the wellness sector and in third party-sector jobs.</p> <p>Occupational therapist students who, during the course of their studies, have familiarised themselves with entrepreneurial activities through means such as, for example, theoretical studies, practical training, and/or through the activities of the co-operative, may be employed by a company after graduation or they can start their own business.</p> <p>A development task which is aimed at a particular workplace, such as during the practical training stage, may also support student employment. Similarly, broadening family-related know-how or international activities during the course of studies can also have a positive impact on employment, especially in assignments that demand the relevant expertise.</p>
<b>OPPORTUNITIES FOR POST-GRADUATE STUDIES</b>	<p>After graduation and after about three years of a working life phase, the students of a Bachelor's degree programme can continue their studies in a Master's degree programme. The Master's degree at the University of Applied Sciences is a university level Master's degree. Students can also continue their studies by applying for courses such as, for example, the Master's degree programmes at universities or for an equivalent training course. After the completion of Bachelor's studies it is, of course, also possible to continue in foreign institutions of higher education on the Master's level degree programmes.</p> <p>The University of Applied Sciences also offers continuing education opportunities in specialisation studies, in learning agreement type in-service training, and in working life-based continuing education. If a student graduates from the Master's degree programme, he or she can get the opportunity to continue their studies in the scientific or artistic studies at universities (37 §/558/2009). All further studies must be applied for separately.</p>
<b>OTHER INFORMATION</b>	
<b>HEAD OF THE DEGREE PROGRAMME</b>	Head of Department, Mirja Immonen, mirja.immonen@jamk.fi, +358 40 547 8949



<b>PROGRAMME PLANNING PROCESS</b>	<p>The planning of the education programme is based on extensive literature review and an analysis of the future of the operating environment in the social services and health care sector, as well as on interviews with experts regarding future know-how.</p> <p>Planning work has involved in addition to teachers also representatives of the students, as well as representatives from the health care and social services sector from public, private and third sector organisations, by discussing in organized events the common competence of the health care and social services sector as well as profession specific competence in the future.</p>
<b>SCHOOL</b>	<p>JAMK University of Applied Sciences School of Health and Social Studies, Degree Programme in Occupational Therapy Puistokatu 35, 40200 Jyväskylä</p>
<b>QUALITY MANAGEMENT</b>	<p>JAMK University of Applied Sciences is using the quality management system that has been audited by the Finnish Higher Education Evaluation Council (FINHEEC). Education is developed on the basis of course feedback collected from students.</p> <p>The World Federation of Occupational Therapists (WFOT), defines the minimum standards for occupational therapist training, and the fulfilment of these is reviewed every five years. The latest review at JAMK was held in 2012, when it was found that occupational therapy training meets all of the minimum standards, as it did in previous years.</p> <p>The principles of the curriculum are approved by JAMK University of Applied Sciences Academic Board and by the Vice Rector of the degree programme specific curriculum.</p>
<b>PEDAGOGICAL PRINCIPLES</b>	<p>The degree programme is implemented in accordance with the pedagogical principles established by the University of Applied Sciences Academic Board.</p> <p>For more information: <a href="http://www.jamk.fi/english/aboutus/facts/pedagogical-principles">http://www.jamk.fi/english/aboutus/facts/pedagogical-principles</a></p>
<b>ETHICAL PRINCIPLES</b>	<p>The students and employees of JAMK University of Applied Sciences operate jointly according to the accepted (by JAMK Academic Board on 15.12.2010) ethical principles.</p> <p>For more information: <a href="http://www.jamk.fi/english/aboutus/facts/ethicalprinciples">http://www.jamk.fi/english/aboutus/facts/ethicalprinciples</a></p>
<b>LAST UPDATE</b>	<p>20.12.2012</p>
<b>CURRICULUM APPROVED</b>	<p>21.12.2012 Heikki Malinen, Vice Rector</p>